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# **Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer,Coping With Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung ... Cure,Prostate Cancer,Cancer Prevention)**

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# **CANCER**



## **COPING WITH CANCER**

HOW TO COPE WHEN A LOVED ONE HAS  
CANCER WITHOUT ANY GRIEVING

**STACY MERN**



## Synopsis

Find Out How To Cope When A Loved One Has Cancer NowGet This Bestseller For Only \$2.99  
Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle  
device.You're about to discover how to cope with having a loved one who is suffering with  
cancer and how you can help their journey be a positive one. Coping with cancer is tough and this  
book has everything you need to feel confident that you can handle every responsibility that comes  
with taking care of a loved one with cancer. Cancer is a very tough time that leaves every person  
involved going through many emotions. This book will help relieve and control those thoughts and  
feelings. Here Is A Preview Of What You'll Learn...How To Take On Role As A Caregiver How To  
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coping with stress, coping with fear

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## Customer Reviews

Perhaps nothing strikes fear into the heart like a diagnosis of cancer. A dreadful disease that takes its toll on the patient as well as on loved ones. Treatment can take a long time with debilitating side effects. A diagnosis of cancer casts a different energy on all those effected and can be detrimental, both mentally and physically if allowed to take on a negative feel. In this book on Cancer, author Stacy Mern goes over some of the effects of cancer, the side effects and how as loving care givers we can approach the situation. Instinctively we want to make life easier, do the heavy lifting, and pamper the patient. Supportive as that sounds and appears to be, it may not be the best way to approach the situation, for one, it may disempower the patient and two, can lead to burnout for the caregiver. Stacy goes over the different ways that we can be supportive without smothering the patient nor placing ourselves at risk for burnout. Good book.

Coping with Cancer is written with the caregiver in mind. There is good advice here about how to stay positive and be aware of what you can provide when caring for a loved one with cancer and when you must ask for help. Steps for managing not just the physical cancer symptoms, but also the emotional toll on the patient are outlined as well. This book is a good starting place to prepare yourself if you are going to see a loved one through their cancer journey.

Very helpful book about a topic no one knows how to deal with. There's no preparations of coping with such bad news, and it surely helps to have this guidelines in order to keep up and not to fall apart.

When a loved one gets cancer it can be the most stressful time that person will ever experience in their life. By caring for them properly you can ease the burden they are carrying and help bring them back to health. In this book I learned that the most important aspect of a caregiver in this situation is to help them stay positive. To be a good caregiver you must help them talk about how they feel and keep them strong and away from depression and anger. I feel this book will help anyone needing guidance on how to be their for their loved one who may be dealing with this disease.

this is practical guide about a serious disease which we if we are prepared can cope, live and survive a disease destroys millions of people ruin families and bank accounts those who have lost someone know its affects here are some helpful tips if applied and you can stay on the path. the role of the caregiver is a serious job those who are caught iin the struggle i salute you and pray for recovery. god bless all of you

Gives hints and suggestions on trying to maintain ( for patient & caregiver) a positive attitude and tells the possible feelings of both. Since my husband does not do anything computer wise, I will buy the book for him. It a a short but interesting read.

There are so many people affected by cancer, either directly or when a loved one become ill. This book is sensitive, compassionate, and timely. The advice is really useful and the author seems to know what she's talking about. I would recommend this book.

This book was helpful in understanding what a cancer patient is going through. It has some good suggestions for caretakers.

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